

# Gratitude Attitude Activities—November 2020, Week 1

**Today's Bible Story:** Always Something There to Remind Me (Give Thanks No Matter What Happens) • *1 Thessalonians 5:18*

**Today's Bottom Line:** You always have something to be grateful for.

**Monthly Memory Verse:** *Give thanks to the LORD, because he is good. His faithful love continues forever.* Psalm 136:1 (NIRV)

**Monthly Life App:** Gratitude—Letting others know you see how they've helped you

**Basic Truth:** I can trust God no matter what.

## Opening Activity

- Spell "THANK YOU" on the table or floor only using objects you can find in the house.
- Be creative!—like using shoelaces, markers, books, jewelry, etc.
- Older kids help the younger and make sure no one is left out.
- If you are an older kid, raise your game: no object can be used to make more than one letter. (For example, they can't spell out both words using markers or one letter can be formed with a shoelace, but then shoelaces can't be used to make the other letters.)
- When the words are finished, make sure to take a picture and send to Lynnette at [kidsandfamilies@htumc.org](mailto:kidsandfamilies@htumc.org)!

You all completely vanquished this challenge! Sometimes it can seem hard to come up with something to be grateful for, but you just showed a pretty awesome way to say, 'Thank you' using just what you could find.

## Give Thanks To God

- Take a few minutes to think about what good things God has provided or done in your life.
- Print the megaphone image on the next page or draw your own to write a few words that tell God (and remind yourself) what makes you feel grateful.
- If you can't think of anything right away, put the blank page somewhere where you can see it often, and wait until you think of something. You will!
- Add a picture or decorate your megaphone!

## Give Thanks To Others

- Think of three people who make you feel grateful, and name one specific reason you are grateful to each person (helped me with my spelling words, loaned me a really great book, spent time practicing my free throw with me)
- Think of the best way to say thank you to that person; if the person lives with you, you could say thank you to them in person, or if he or she texts with your family, you could text them, but you might have to make a phone call, or send a picture or a card in the mail to reach some people.
- Then, do it! Put some effort into it, but don't worry about how great your art work or handwriting is; people who care about you LOVE ALL OF IT!